

A reminder to all families:

All meals are free to all students for the 2023-2024 School Year.

Dietary needs, please email; [napplesw@link75.org](mailto:napplesw@link75.org)

Assorted wraps, sandwiches and salads are available daily as alternate choices.

All meals include Fresh fruit, vegetables and milk.

Menu is subject to change without notice

Chicken Tenders

Buffalo Chicken Pizza

Pepperoni or Cheese Pizza

Chicken wings – Buffalo or BBQ

***No School***

***St. Patrick’s Day Celebration***

Shepard’s Pie

Pizza

Grilled Reuben w/ Chips

Potato & Cheddar Soup

Shamrock Pretzel w/ Cheese

Chicken Fries

***National Chicken Noodle Soup Day***

Chicken & Waffles w/ maple syrup

Nashville Chicken Sandwich

Philly Cheese Steak

Chicken Noodle Soup

Tempura chicken w/ rice & egg roll

Rodeo Burgers

Deep Dish Pizza

BBQ Riblet Sub

Big Top Pizza

Fish sandwich w/ wedged fries

BBQ Chicken Nuggets

Hot Ham & Cheese on croissant

Chipotle Chicken Wrap

Eagle Sampler

French bread pizza variety

Buffalo Chicken on Ciabatta

Cheeseburger or Hamburger

***National Oreo Day!***

Lasagna w/ Texas Toast

Veggie lasagna w/ Texas Toast

Cheesy Bread w/ Marinara Sauce

Corn Dog Bites

Pepperoni Lunchables w/ Oreo Cookie

White Cheddar Mac & Cheese

Pizza Day

Buffalo White Cheddar Mac & Cheese

Bacon Cheeseburger on pretzel bun

Assorted Salads

Assorted Sandwiches

**MARCH 2024**

Mount Ararat High School

***National Ravioli Day!***

Baked Cheese Ravioli w/ Garlic Bread

Beef Gyro’s w/ tzatziki sauce

Gold Fever Chicken Sandwich on pretzel Bun

Assorted Salads

Assorted Wraps

***National Sloppy Joe Day!***

French Toast Sticks w/ sausage

Beef & bean burritos w/ sour cream and salsa

Chicken Bacon Ranch on Ciabatta

Black Bean Burger w/ Onion Rings

Sloppy Joes w/ Tater Tots

Garlic Parm Ziti w/ bread stick

BBQ Chicken Flatbread

Buffalo Chicken Dip w/ Chips

Stuffed Crust Pizza

Soft Tacos w/ Spanish Rice

Sausage Grinder sandwich w/ Peppers and Onions

Scalloped Potatoes w/ Ham

Cheeseburger or Hamburger

Chicken Nuggets

Sour Dough Grilled Cheese w/ Tomato Soup

Bratwurst Subs

Sweet and Sour Chicken Bites

Pazzo Bread w/ Red Sauce

Chicken Stir Fry w/ Rice

Chicken Club Sandwich

Double Cheeseburgers

Rib Sandwich Sub

Baked Chicken Dinner

Philly Cheese Steak Burger

Pepperoni Bosco Sticks

Farmhouse Chicken Salad

w/ Maine Blueberries

Beef Stew w/ Maine Potatoes

Spicy Chicken Patty Sandwiches

Deep Dish Pizza

Buffalo Chicken Tenders

Beef Stroganoff over egg noodles

Big Daddy Pizza

Chicken Fries

Pretzels with Nacho Cheese Sauce

Chop Suey w/ side salad

Thin Crust Pizza

Popcorn Chicken

Bavarian pretzel Rods w/ Cheese Dip

Hummus plate w/ veggies

Cheese Filled Bread Sticks

Hot Dogs w/ Chips

Chicken Cordon Bleu Sandwich

Chicken Tenders

Spicy Chicken Sandwich

Macaroni and Cheese w/ Broccoli

Chicken Sandwich

Mozzarella stick w/ marinara

Bosco Sticks